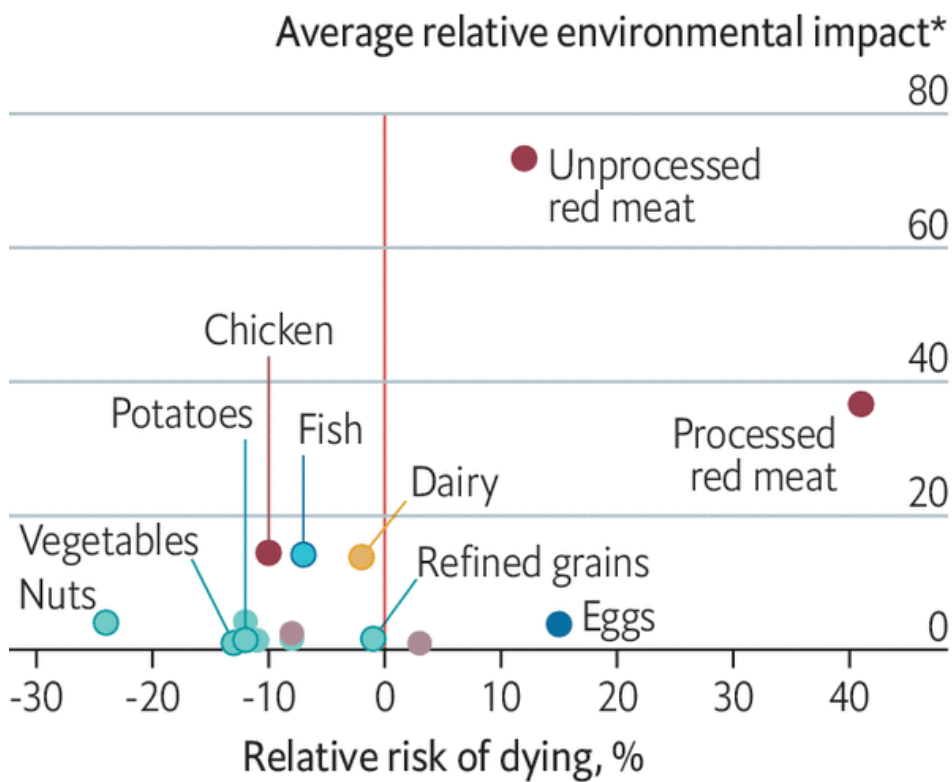


# Appendix 5: Gezondheid-en milieu impactanalyse voor voedsel

## High-steak diets

Health and environmental impact of one extra serving per day



Bron: <https://www.economist.com/graphic-detail/2019/11/15/how-much-would-giving-up-meat-help-the-environment>